

ASPC XII International Forum

Transportation Guideline for Attendees



Host organisation: Hong Kong Sports Institute (HKSI)

Address: Hong Kong Sports Institute, 25 Yuen Wo Road, Sha Tin, N.T., Hong Kong

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1. Hong Kong International Airport (HKIA) Transportation

Transportation from HKIA to HKSI

Address: Hong Kong Sports Institute, 25 Yuen Wo Road, Sha Tin, N.T., Hong Kong

By Taxi

1. Depart from **L5 Arrival Hall A or B**
2. Please walk towards middle point indicated on the map (please refer to Picture 1)
3. Turn **left** and walk **down the slope**
4. You will see the **Taxi Stand**. Please remember to take a **Red Taxi** and pay in cash. The journey to Alva Hotel by Royal, Royal Park Hotel or HKSI should take approximately 30 minutes, with a fare of around HKD 300 (subjected to luggage fare and tunnel toll)

By Airport Express and MTR

1. Start at Hong Kong International Airport:
 - Purchase a **Smart Ticket** from (HKIA to Hong Kong Station) or **Octopus card** (please refer to Page 10)
2. Travel to Hong Kong Station:
 - Board the **Airport Express** train towards **Hong Kong Station** (please refer to Picture 1)
 - Travel for 3 stops (approximately 30 minutes travel time)
3. Change at Hong Kong Station:
 - Once you arrive at **Hong Kong Station**, follow the signs to walk to the **MTR Central Station**
 - Take the **Island Line (Dark Blue Line)** (towards **Admiralty**)
4. Travel to Admiralty Station:
 - Travel for 1 stop (approximately 2 minutes travel time)
 - Alight at **Admiralty Station**

- Follow the signs to transfer to the **East Rail Line (Light Blue Line)** towards Lo Wu or Lok Ma Chau
5. Travel to Fo Tan:
- Travel for 7 stops (approximately 20 minutes)
 - Alight at **Fo Tan Station**
6. Exit the Station:
- Follow the signs to **Exit A**
7. Walk to the HKSI
- Cross the road towards Fo Tan Railway House (Lok King Street) and cross the bridge overpass a highway, **HKSI** will be on your **left** (approximately 5 minutes' walk)

Summary of Route:

- Airport → Hong Kong Station (Airport Express)
- Hong Kong Station → Central Station (Walk)
- Central Station → Admiralty Station (**Island Line**)
- Admiralty Station → Fo Tan Station (**East Rail Line**)
- The journey to HKSI should take approximately 72 minutes, with a fare of around HKD 110

Picture 1 – Hong Kong International Airport- Arrival Hall A & B



2. ASPC Board Members' Dinner

Date: 2 December (Monday)

Time: 6:00 pm – 7:30 pm

Venue: Kowloon Cricket Club (KCC), 10 Cox's Rd, Jordan

Picture 2 – Kowloon Cricket Club



Transportation to the Dinner Venue

Buses have been arranged for our journey from HKSI to the Kowloon Cricket Club.

Time: 5:30 pm

Pickup point: Outside HKSI Main Building (please refer to Picture 3)

Picture 3 – HKSI Main Building



Return from the Dinner Venue

a. to Royal Park Hotel

i. Via MTR:

1. Start at the Kowloon Cricket Club:
 - Walk to **Jordan Station** (approximately 5 minutes' walk; please refer to Picture 4)
 - Board the **Tsuen Wan Line** (towards Tsuen Wan)
 - Travel for 2 stops (approximately 4 minutes travel time)
2. Change at **Mong Kok Station**:
 - Board the **Kwun Tong Line** (towards Tiu Keng Leng)
 - Travel for 3 stops (approximately 6 minutes travel time)
3. Change at **Kowloon Tong Station**:
 - Board the **East Rail Line** (towards Lo Wu or Lok Ma Chau)
4. Travel to **Sha Tin Station**:
 - Travel for 2 stops (approximately 8 minutes travel time)
5. Exit the Station:
 - Follow the signs to the Exit A4
 - Walk to Royal Park Hotel (approximately 10 minutes' walk)

Picture 4 – Kowloon Cricket Club to Jordan Station



Summary of Route:

- Jordan Station → Mong Kok Station (**Tsuen Wan Line**)
- Mong Kok Station → Kowloon Tong Station (**Kwun Tong Line**)
- Kowloon Tong Station → Sha Tin Station (**East Rail Line**)
- The journey to HKSI should take approximately 1 hour, with a fare of around HKD 11

ii. By Car:

The journey to the Royal Park Hotel should take approximately 20 minutes, with a fare of around HKD 100-130 (subjected to traffic conditions).

b. to Alva Hotel by Royal

i. Via MTR:

1. Start at the Kowloon Cricket Club:

- Walk to **Austin Station** along the **Jordan Rd** (approximately 15 minutes' walk; please refer to Picture 5)
- Board the **Tsun Ma Line** towards Wu Kai Sha)

2. Travel to City One Station:

- Travel for 13 stops (approximately 30 minutes travel time)
- Alight at **City One Station**

3. Exit the Station:

- Follow the signs to the Exit C
- Walk to Alva Hotel by Royal (approximately 10 minutes' walk; please refer to Picture 6)

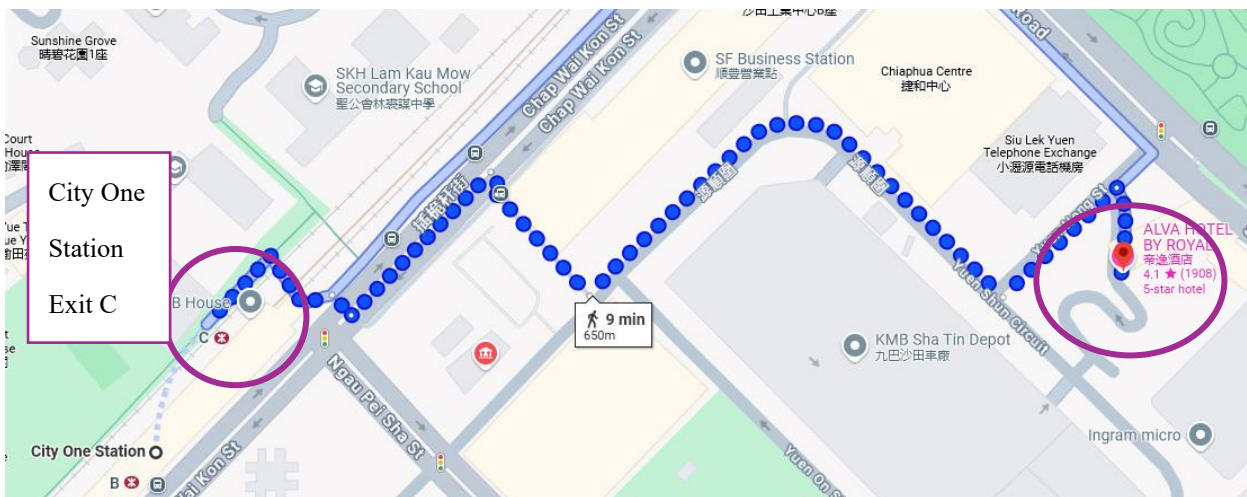
Summary of Route:

- Austin Station → City One Station (**Tsun Ma Line**)
- The journey to HKSI should take approximately 1 hour, with a fare of around HKD 11

Picture 5 – Kowloon Cricket Club to Austin Station



Picture 6 – City One Station to Alva Hotel by Royal



ii. By Car

The journey to Alva Hotel by Royal should take approximately 20 minutes, with a fare of around HKD 110-150 (subjected to traffic conditions).

3. General Assembly Dinner

Date: 3 December (Tuesday)

Time: 6:30 pm – 8:00 pm

Venue Jade Pavilion, Royal Park Hotel, 8 Pak Hok Ting St, Sha Tin

Transportation to the Dinner Venue

Buses have been arranged for our journey from HKSI to the Royal Park Hotel.

Time: 6:00 pm

Pickup point: Outside HKSI Main Building (please refer to Picture 2)

Return from the Dinner Venue

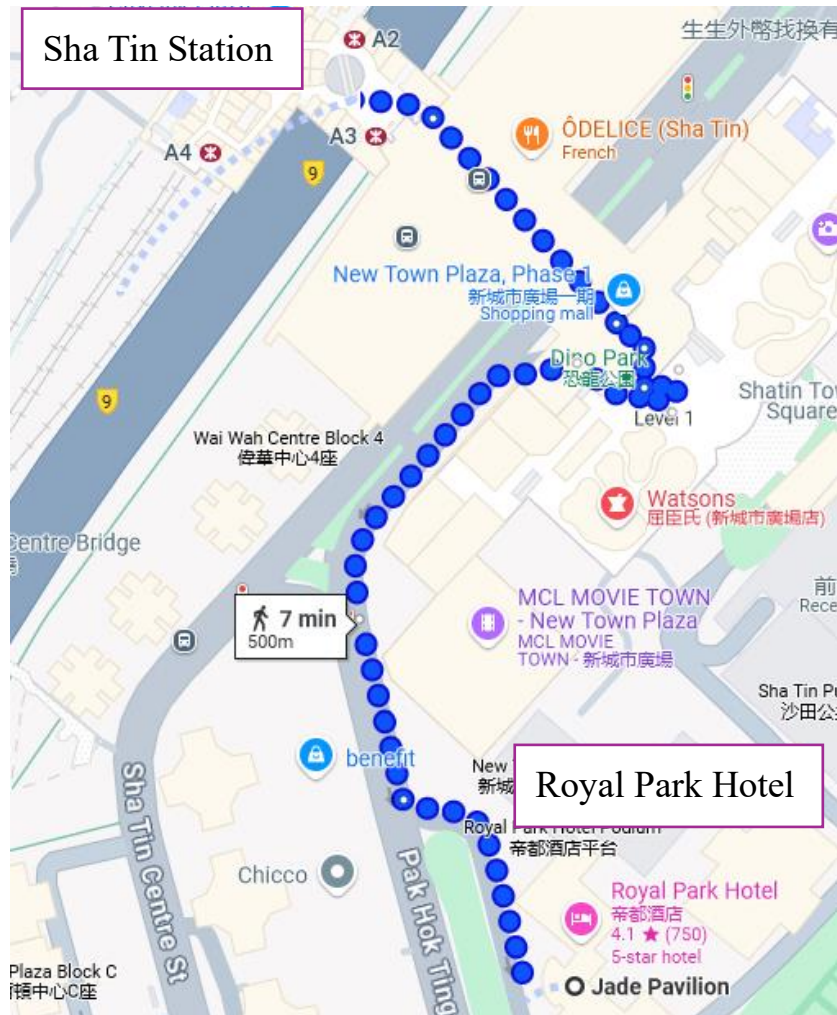
a. to HKSI:

1. Start at Royal Park Hotel:
 - Walk to the **Sha Tin Station** (approximately 8 minutes' walk; please refer to Picture 6)
2. Travel to Fo Tan Station:
 - Board the **East Rail Line** towards Lo Wu or Lok Ma Chau
 - Travel for 1 stop (approximately 2 minutes travel time)
 - Alight at **Fo Tan Station**
3. Exit the Station:
 - Follow the signs to **Exit A**
 - Cross the road towards Fo Tan Railway House (Lok King Street) and cross the bridge overpass a highway, **HKSI** will be on your **left** (around 5 minutes' walk)

Summary of Route:

- Sha Tin Station → Fo Tan Station (**East Rail Line**)
- The journey to HKSI should take around 2 minutes, with a fare of around HKD 4

Picture 6 – From Royal Park Hotel to Sha Tin Station



b. to Alva Hotel by Royal

i. By Car:

The journey to Alva Hotel by Royal should take approximately 20 minutes, with a fare of around HKD 100-130 (subjected to traffic conditions).

4. Overview of Transportation in Hong Kong

Hong Kong boasts an extensive and efficient public transport network, including the MTR, buses, trams, ferries, and taxis. This comprehensive system ensures easy accessibility throughout the city.

i. Octopus Card

The Octopus Card is a smart card that allows seamless travel across all transport modes and can also be used for payments at shops and restaurants. It is easy to top-up and use.



*An Octopus Card is a value-added card which can be used on buses, MTR, trains, convenience stores and appointed shops in Hong Kong.

The cost of a Tourist Octopus Card is HKD 39 (around USD 5 or EUR 5) without initial stored value and no deposit is required. The cost of an On-Loan Octopus Card (Adult) is HKD 150 (around USD 20 or EUR 18), which includes HKD 50 (around USD 7 or EUR 6) handling cost and HKD 100 (around USD 13 or EUR 12) usable balance.

Where to purchase an Octopus Card

You can purchase a Tourist Octopus Card (Sold version) at the following locations

1. Convenience shop: 7-Eleven or CircleK/OK
2. MTR Information / Help Desk
3. MTR Ticket & Octopus Selling Machine

For more information, please click:

<https://www.octopus.com.hk/en/consumer/octopuscards/products/sold-tourist/index.html>

[Standard Octopus - Octopus Hong Kong](#)

ii. Taxis

Taxis are readily available throughout the city, known for being clean, safe, and reliable. Meter Taxi mainly accept **CASH ONLY**.

**If wish to pay in credit card, Apple Pay or Android Pay, please call taxi in-app.*

Hong Kong taxis are colour-coded according to their operating areas

Urban taxis (Red) operate in most areas in Hong Kong.

New Territories taxis (Green) mainly operate in the north-eastern part (i.e. north of Sha Tin) and north-western part (i.e. north of Tsuen Wan) of the New Territories.

Lantau taxis (Blue) operate only on Lantau Island and Chek Lap Kok (Airport area).



Please be advised that they mostly accept cash, and we recommend taking **Red Taxi only.*

For more information regarding HK Taxi fare, please visit:

https://www.td.gov.hk/en/transport_in_hong_kong/public_transport/taxi/taxi_fare_of_hong_kong/index.html

iii. MTR

The MTR is a fast and convenient subway system that connects major districts and attractions. With frequent services and easy ticketing options, it is a preferred choice for many travellers.

- Please refer to Citymapper or Google Map for MTR routes



Citymapper QR code for App Store (iPhone) and Google Play (Android):

**If you have already installed the app, please remember to change the service location to Hong Kong.*

iv. Tips for Visitors

- Plan routes in advance (peak traffic hours: **7:00 am to 9:00 am and 5:00 pm to 7:00 pm**)
- Respect local customs and regulations while traveling. Please let passengers alight before getting on the mode of transportation

v. For enquiries / Contact Point

Should you need any assistance, please feel free to contact us at:

Email: aspc-forum@hksi.org.hk

Tel.: (852) 2681 6130

SEE YOU IN HONG KONG!